



## **Mandatory Disclosure Statement**

Holly James, LPC 0013853  
Trailhead Counseling  
941 Lincoln Avenue, Suite 200c  
P.O. Box 771030  
Steamboat Springs, CO 80477

970-871-7857

Master Degree in  
Clinical Mental Health Counseling

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. Questions or complaints may be addressed to:

The Board of Licensed Professional Counselors Examiners  
1560 Broadway, Suite 1350  
Denver, CO 80202  
(303)894-7800

- I am a licensed professional counselor listed in the State's database and is authorized by law to practice psychotherapy in Colorado
- I utilize theoretical orientations including CBT and Motivational Interviewing.
- History of working in substance use groups including DUI ED, DUI Therapy, and SA Cognitive Restructuring groups and probation clients.
- Working with individuals with history of substance use as well as other co-morbidities.
- Certified Addiction Counselor I (CAC I) must be a high school graduate, complete required training hours and 1,000 hours of supervised experience.
- Certified Addiction Counselor II (CAC II) must complete additional required training hours and 2,000 hours of supervised experience.

- Certified Addiction Counselor III (CAC III) must have a bachelor’s degree in behavioral health, complete additional required training hours and 2,000 hours of supervised experience.
- Licensed Addiction Counselor must have a clinical master’s degree and meet the CAC III requirements.
- Licensed Social Worker must hold a master’s degree in social work.
- Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a master’s degree in their profession and have two years of post-masters supervision.
- A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your therapy (if known), and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time. My fee structure is 80 dollars per 60 min session and 40 dollars per 30 min session.

In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client’s consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes, [If your practice is covered by HIPAA add this statement: “and the HIPAA Notice of Privacy Rights you were provided”] as well as other exceptions in Colorado and Federal law. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly.

I have read the preceding information and I understand my rights as a client or as the client's responsible party.

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Signature

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Date

If signed by Responsible Party, please state relationship to client